

Fertility Intake Form

Name _____ Date _____

Female

Age of first menses _____

Do you have a history of any of the following symptoms or diagnoses? (Please circle all that apply)

- | | | | |
|------------------|------------------|--------------|---------------------------|
| Ovarian cysts | Endometriosis | Miscarriage | Irregular cycles |
| PCOS | Tubal problems | Amenorrhea | Spotting mid-cycle |
| Uterine fibroids | Poor egg quality | Dysmenorrhea | 'Unexplained Infertility' |

Blood tests	Results	Other hormone tests	Results
FSH		TSH	
LH		DHEAS, Testosterone	
Estradiol (E2)		17-OH Progesterone	
Progesterone		OV Prediction test	
Testosterone		CCCT (Clomid)	
SHBG		Insulin Resistance	
Prolactin		Post Coital test	

Anatomical tests	Results	Other signs	Description
Ultrasound		Cervical Mucus	
Sonohysterogram		Abdominal cramping	
Hysteroscopy		Breast symptoms	
Hysterosalpingogram (HSG)		Basal Body Temp	
Laparoscopy		Hirsutism or Acne	

Procedures	Results or Details
Intrauterine Insemination (IUI)	
In Vitro Fertilization (IVF)	
Egg Retrieval	
D&C (Dilation and Curettage)	
ICSI (Intracytoplasmic sperm injection)	

Miscarriage Causes	Details
Chromosomal abnormality	
Immune system malfunction	
Progesterone low	
Uterine abnormality	
Infection	
Unknown cause	

Do you experience any of these pre-menstrual symptoms?

Breast tenderness
 Nausea/vomiting
 Food cravings
 Cramping
 Fatigue
 Mood swings
 Headaches
 Irritability
 Water retention
 Emotional

Days in full menstrual cycle _____ Average number days of blood flow _____

Menstrual Chart	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Color (bright red, pale, dark)							
Amount of flow (heavy, moderate, light)							
Cramps (dull, sharp) Severity by X/10							
Clots (large, small, purple, red)							
Consistency (watery, thick, mucus)							
Nausea or vomiting							

Male

Sperm Impairment	Description
Primary Testicular disease or trauma	
Vas deferens abnormality	
Antisperm Antibodies	
Volume	
Count	
Motility	
Morphology	
Varicocele	
DNA Fragmentation (SCSA test)	